

Transitioning into Adulthood

3 part evening Workshop Series for Families with Lower Support Needs

Register: www.autismbc.ca/events/

For more information please email bstein@autismbc.ca or call 604-434-0880 toll free 1-888-437-0880

Transitioning into adulthood and the community beyond high school can be challenging for individuals with autism and their families. Comprehensive transition planning can help to manage the challenges during this time and maximize potential for each person to live a full and meaningful life.

Launch into Life! helps families prepare for and respond to key life transitions, and to guide the journey from adolescence to adulthood. It helps families to focus on discovering personal strengths and areas for growth based on their youth's individual interests, abilities, and needs by answering three key questions:

Where are we now?
(assessment)

Where do we want to go?
(goal setting)

How are we going to get there?
(implementation)

We are pleased to offer the *Launch into Life!* workshop series that helps families to create an *Individualized Transition Plan* for their child and provides valuable information in the following domains:

- Education and Employment
- Health and Well Being
- Communication and Social Relationships
- Independent Living Skills and Self-Advocacy
- Legal and Financial Issues

Dates: April 4th, 10th, and 17th

Time: 6:30 – 9:00pm

**Education Services Centre, 5th Floor
Mountain View Room
2121 Lonsdale Ave, North Vancouver**

Workshop Series #1 – Lower Support Needs

Register Online at www.autismbc.ca/events

Cost: \$25 per family*
*AFU can be used.

Who should attend? Families and youth (13+) living with ASD and other developmental disabilities. Youth attendance is not mandatory, but welcome for April 10th session to participate in a facilitated breakout session independently to identify their goals and create a shared vision.

This program is proudly sponsored by the West Vancouver Community Foundation